

**2009 Youth Risk Behavior Survey
Montana Alternative Schools
Trend Report**

<i>Injury and Violence</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Rode a bicycle and never or rarely wore a bicycle helmet during the past 12 months	95.9	95.9	96.6	94.2	94.8	94.5	93.8
Never or rarely wore a seat belt when riding in a car driven by someone else	53.7	47.9	47.1	38.3	29.1	30.6	23.0
Never or rarely wore a seat belt when driving a car			46.3	40.8	31.4	38.0	23.8
Rode in a car driven by someone who had been drinking alcohol during the past 30 days	53.3	53.1	46.8	53.8	46.8	40.2	47.0
Drove a car when they had been drinking alcohol during the past 30 days	30.7	30.1	26.1	31.2	24.8	20.9	21.6
Carried a weapon such as a gun, knife, or club during the past 30 days	29.7	26.2	31.0	26.1	31.6	25.2	21.4
Carried a gun during the past 30 days	12.1	10.4	14.5	7.6	11.6	10.6	7.3
Carried a weapon on school property during the past 30 days	19.7	15.6	14.3	11.2	16.8	13.8	10.3
Did not go to school because they felt unsafe at school or on their way to or from school during the past 30 days	9.4	5.5	9.8	8.4	6.7	6.6	5.8
Had been threatened or injured with a weapon on school property during the past 12 months	9.0	12.6	16.3	10.8	10.2	9.3	10.2
Had property such as their car, clothing, or books stolen or deliberately damaged on school property during the past 12 months				31.4	25.6	23.5	Not Asked
Were in a physical fight during the past 12 months	59.1	58.4	62.3	51.8	51.1	49.7	51.6
Were injured in a physical fight that required medical treatment during the past 12 months	15.3	10.6	15.5	8.8	8.6	10.0	8.8
Were in a physical fight on school property during the past 12 months	26.5	22.8	24.2	18.9	20.4	19.8	15.4
Were hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend during the past 12 months		17.8	21.3	21.6	24.2	20.2	19.2
Have ever been physically forced to have sexual intercourse when they did not want to		22.8	22.9	23.0	24.6	18.1	21.2
Had been bullied on school property during the past 12 months							21.6
Had been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging during the past 12 months							23.4
Felt so sad or hopeless for two weeks or more in a row that they stopped doing some usual activities during the past 12 months		39.5	42.7	46.7	45.1	39.2	40.5
Seriously considered attempting suicide during the past 12 months	33.8	26.4	32.7	31.8	33.2	26.2	29.5

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Made a plan about how they would attempt suicide during the past 12 months	28.2	25.3	24.1	25.4	28.7	20.2	20.2
Actually attempted suicide during the past 12 months	21.7	19.0	25.3	20.0	22.2	16.0	23.0
Had a suicide attempt resulting in injury, poisoning, or overdose that required medical treatment during the past 12 months	8.3	8.6	9.1	7.0	7.3	5.8	10.8

<i>Tobacco Use</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Ever tried cigarette smoking	92.1	95.8	95.1	92.0	90.5	81.2	86.9
Smoked a cigarette before age 13	60.0	64.2	69.6	55.1	46.4	53.5	44.9
Smoked a cigarette on one or more of the past 30 days ("current")	70.3	75.4	66.7	70.1	70.4	48.7	66.2
Smoked cigarettes on 20 or more of the past 30 days ("frequent")	52.0	58.8	49.4	53.0	50.9	33.3	47.4
Among current smokers, smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	31.2	31.8	32.7	23.8	19.8	15.3	16.7
Usually got their cigarettes by buying them in a store or gas station during the past 30 days			24.8	22.7	20.2	14.8	21.4
Smoked cigarettes on school property during the past 30 days	45.5	37.1	29.3	29.9	31.1	20.9	27.4
Ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days ("regular")		79.8	70.7	67.8	61.2	53.2	55.9
Among current smokers, tried to quit smoking during the past 12 months			50.9	52.2	66.4	65.3	63.7
Used chewing tobacco, snuff, or dip during the past 30 days	23.2	19.0	19.8	14.9	20.9	17.2	20.0
Used chewing tobacco, snuff, or dip on school property during the past 30 days	14.7	12.0	13.0	7.1	13.9	11.7	13.0
Smoked cigars, cigarillos, or little cigars during the past 30 days		20.9	29.5	22.9	34.9	24.0	26.5

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<i>Alcohol and Other Drug Use</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Had at least one drink of alcohol during their life	94.3	92.0	93.4	93.4	92.3	87.8	87.4
Had first drink of alcohol before age 13	57.6	57.8	65.4	51.4	48.3	44.6	49.8
Had at least one drink of alcohol during the past 30 days ("current")	67.0	63.2	63.8	72.5	68.0	60.4	71.6
Had five or more drinks of alcohol in a row during the past 30 days ("binge drink")	58.8	55.7	53.1	66.8	58.5	50.2	62.1
Among current users of alcohol, usually got the alcohol they drank from someone who gave it to them during the past 30 days							20.5
Had at least one drink of alcohol on school property during the past 30 days	11.4	11.1	12.5	8.9	9.0	9.1	10.0
Used marijuana during their life	87.5	88.3	90.2	88.1	86.1	72.5	83.8
Tried marijuana before age 13	43.9	54.2	56.4	44.0	43.2	33.2	41.7
Used marijuana during the past 30 days ("current")	61.2	62.1	62.1	64.4	65.5	46.3	65.2
Used marijuana on school property during the past 30 days	24.8	21.1	19.7	17.0	16.8	14.6	37.5
Used any form of cocaine during their life	46.6	42.4	46.6	42.7	40.9	33.3	34.4
Used any form of cocaine during the past 30 days ("current")	19.0	14.5	17.6	17.4	18.3	11.8	12.2
Used inhalants during their life	40.6	36.7	39.5	27.7	28.8	32.2	37.1
Were offered, sold, or given an illegal drug on school property during the past 12 months	46.2	41.9	43.5	46.6	40.3	33.5	38.2

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<i>Alcohol and Other Drug Use</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Used heroin during their life		11.5	14.1	8.9	9.5	8.9	11.1
Used methamphetamines during their life		51.2	55.0	45.9	40.2	23.3	18.1
Used ecstasy during their life				26.3	23.6	25.3	37.3
Took steroid pills or shots without a doctor's prescription during their life	12.0	13.2	15.4	10.6	11.8	8.0	5.9
Used a needle to inject any illegal drug into their body during their life	10.3	12.1	15.3	8.4	8.7	6.8	9.1
Were offered, sold, or given an illegal drug on school property during the past 12 months	46.2	41.9	43.5	46.6	40.3	33.5	38.2

<i>Sexual Behaviors</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Ever had sexual intercourse	88.2	87.2	87.9	84.1	83.9	81.7	85.2
Had sexual intercourse before age 13	21.0	28.8	30.8	19.7	17.5	19.1	17.8
Had sexual intercourse with four or more people during their life	54.8	51.5	59.4	51.4	58.3	44.5	51.1
Had sexual intercourse during the past three months ("current")	63.5	59.1	56.8	66.1	65.0	56.4	65.0
Drank alcohol or used drugs before last sexual intercourse	47.0	49.3	48.0	43.5	41.5	43.6	43.8
Currently sexually active and used a condom during last sexual intercourse	39.7	45.7	38.6	49.1	49.2	51.4	51.9
Currently sexually active and used birth control pills to prevent pregnancy before last sexual intercourse	14.0	14.6	14.3	17.6	17.1	19.4	18.2
Had ever been taught about AIDS or HIV infection	87.4	89.1	88.2	87.9	86.4	89.4	84.4

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<i>Weight Management and Dietary Behaviors</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Described themselves as slightly or very overweight	32.4	31.8	33.8	33.0	31.6	32.3	33.1
Were trying to lose weight	39.5	36.7	39.9	43.0	40.7	45.3	41.3
Exercised to lose weight or to keep from gaining weight during the past 30 days	43.7	49.6	50.6	45.1	45.9	59.2	51.5
Ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days		35.0	37.6	36.2	32.1	40.3	35.0
Went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days		18.1	18.5	22.5	16.3	15.5	18.8
Took diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days		11.2	10.8	16.7	9.1	10.7	7.5
Vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	6.2	6.7	9.1	9.7	7.1	8.5	6.0
Drank 100% fruit juices during the past seven days		76.6	75.8	81.4	76.0	79.6	79.6
Ate fruit during the past seven days		84.0	83.7	88.0	84.4	84.6	85.7
Ate green salad during the past seven days		66.9	66.3	59.5	69.7	65.9	66.5
Ate potatoes during the past seven days		72.6	72.8	70.4	65.2	73.4	70.6
Ate carrots during the past seven days		54.9	55.5	46.7	49.1	52.2	52.8
Ate other vegetables during the past seven days		82.1	77.6	78.8	78.7	79.6	81.7
Drank at least one can, bottle, or glass of soda or pop daily during the past seven days						35.0	35.3
Drank three or more glasses per day of milk during the past seven days		27.5	29.8	18.9	19.8	24.9	16.0

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<i>Physical Activity</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days					14.8	45.0	34.5
Watched three or more hours per day of TV on an average school day		33.5	29.1	29.5	28.6	22.2	24.5
On an average school day, played 3 or more hours of video or computer games or used a computer for something not school-related						16.5	24.5
Attended physical education (PE) classes on one or more days in an average week when they were in school	38.8	39.4	46.9	38.7	40.6	58.9	47.5
Attended physical education (PE) classes daily in an average week when they were in school	23.6	14.3	27.6	22.6	19.3	41.7	23.7
Played on one or more sports teams during the past 12 months		31.9	29.8	26.5	27.9	41.0	27.8

<i>Other</i>	1997	1999	2001	2003	2005	2007	2009
Percentage of students who . . .							
Had ever been told by a doctor or nurse that they had asthma					28.6	25.8	23.9
Had been told by a doctor or nurse that they have had asthma and who still have asthma						45.6	39.6